

Menu options

Salads:

Traditional Greek salad with tomato and feta cheese
Black-eyed beans with tomato, feta cheese, parsley and roasted peppers
Beetroot salad with rice and parsley
Tzatziki (yoghurt, garlic, cucumber)
Broccoli salad with lemon and olive oil
Potato salad with onion, dill, mustard, pickled cucumber
Cous-cous with parsley, spring onions and lemons
Orzo, rocket, tomatos, gruyere cheese
Tuna, pasta, capers, onion, mayonese
Anchovies, parsley, peppers

Mains:

Pasta with summer vegetables

Spinach risotto with carrots, tomatoes and lemon

"Briam" Summer vegetables in the oven

Lentils soup with carrots, garlic, tomatoes, olive oil

White beans soup with celery

Spilt peas, sun dried tomatoes, capers, onions

Pasta with basil/parsley pesto

Shouffle with pasta and local cheese

Omellette with fresh veggies or cured meat

Orzo with summer vegetables and tomato sauce

Lasagna in the oven with vegetables and tomato sauce

Roasted aubergines in the oven with parsley, tomato and garlic

Basmati rice with vegetables or shrimps

Orzo with local sausage and tomato sauce
Chicken with rice/potatoes, garlic and rosemary in the oven
Pasta bolognese
Pan fried pork with peppers and wine
Pitta bread with chicken, vegetables and lemon salsa
Shrimps saganaki (in tomato sauce)